

Why you should theme your year: check in #1

Why did I choose my theme?

What did my theme mean to me when I first chose it?

What does my theme mean to me now?

What has my approach to my theme been?

What lessons has my theme taught me?

What do I want my theme to look like in my life moving forward?

What are practical actions I can take, shifts I can make, or intentions I can set to manifest more with my theme?

How do I feel when I think of my theme now that I've checked in?